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SIX ESSENTIALS TO ACHIEVE LASTING RECOVERY



Hazelden Publishing & Educational Services. Paperback. Book Condition: new. BRAND NEW, Six Essentials to Achieve Lasting Recovery, Sterling T. Shumway, Thomas G. Kimball, This book offers six guiding principles that are key to lasting recovery from addiction to alcohol and other drugs. It will help you understand why they're important, how they relate to the Twelve Steps, and why they work. Anyone who has recovered from addiction to drugs or alcohol knows that getting sober is only the beginning. Working...

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