



Football Skills: One-to-one Teaching for the Young Soccer Player

By Ralph Brammer

Little, Brown Book Group. Paperback. Book Condition: new. BRAND NEW, Football Skills: One-to-one Teaching for the Young Soccer Player, Ralph Brammer, Football Skills is a unique route to improve a youngster's game, with great ways for an adult to help. The book provides a planned sequence of one-to-one ball practices with vital facts and advice for both the pupil and the teacher. This includes: What youngsters should learn first. The correct ways to execute key skills such as ball control, passing, striking the ball and heading. Learning to use both the left and the right foot. More advanced techniques that teach reflex actions, attacking, circling, turn movements, quick control and plenty more. In short all the younger player needs to learn and practice in order to become the complete footballer.



Reviews

The ebook is straightforward in go through preferable to recognize. It typically does not charge too much. Its been designed in an exceptionally straightforward way and it is just following i finished reading this book where basically altered me, affect the way i really believe.

-- Dr. Reta Murphy

It becomes an amazing pdf which i actually have at any time read through. This can be for all those who statte there had not been a worthy of reading through. You wont sense monotony at anytime of your own time (that's what catalogues are for relating to should you check with me).

-- Claud Kris