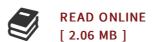




Coping with Multiple Sclerosis: A Comprehensive Guide to the Symptoms and Treatments (Revised edition)

By Richard Reynolds, Cynthia Benz

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Coping with Multiple Sclerosis: A Comprehensive Guide to the Symptoms and Treatments (Revised edition), Richard Reynolds, Cynthia Benz, Multiple sclerosis (MS) - a disease of the central nervous system - is the most common disabling neurological condition affecting young adults today. In her authoritative and inspiring book, Cynthia Benz demystifies the illness, explains its symptoms and patterns and offers a wealth of practical advice on coping with MS on a day-to-day basis. Including information on: - How to cope with stress and remain optimistic - Available therapies - from traditional drugs and physiotherapy to alternative treatments including acupuncture, homeopathy and massage - What help is on offer and where it can be found Revised and updated for the 21st century this is the essential handbook for people with MS, parents and carers alike.



Reviews

Comprehensive information! Its this sort of excellent go through. It is packed with knowledge and wisdom You may like just how the author publish this book.

-- Mustafa McGlynn

Complete guideline! Its this kind of great read through. It is probably the most incredible pdf i actually have read through. Its been developed in an extremely straightforward way and it is simply soon after i finished reading this book through which actually modified me, affect the way i really believe.

-- Beryl Labadie I