



Developing Meaningful Leisure Time for Children & Adults on the Autism Spectrum: Practical Strategies for Home, School & the Community

By Colleen Nyberg, Phyllis Coyne and Mary Lou Klagge

Future Horizons, Inc, 2016. Softcover. Book Condition: New. Make leisure time fun for all children and adults with autism spectrum disorders. Leisure time should be a part of the day that all look forward to enjoying. For many, it can cause anxiety and fear. This book provides comprehensive, structured strategies introducing meaningful leisure time to ASD children and adults, which they can practice at home, school, and in the community. This book has a wealth of ASD information, including forms and charts that will help to assess sensory needs; select age appropriate activities and assist in determining the level of interest in specific activities; 37 Activity Cards for going to the park, playing games, and many more! This detailed guide also covers: . The components of leisure development . Assessing leisure patterns, skills, and preferences . Activities that require minimal supervision . Community activities . Ongoing assessment and more! The authors have each worked in the field of autism for over twenty years. This experience, along with backgrounds in therapeutic recreation, special education, general education, and psychology, provide the foundation for the development of the concepts and approaches presented in Developing Meaningful Leisure Time for Children and Adults on the...



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