



Practicing the Power of Now (in Hindi)

By Eckhart Tolle

Yogi Impressions Books Pvt. Ltd., Mumbai, India, 2015. Softcover. Book Condition: New. First Edition. The Power of Now has in a short time already proven to be one of the greatest spiritual books written in recent times. It contains a power that goes beyond words, and it can lead us to a much quieter place beyond our thoughts, a place where our thought-created problems dissolve, and we discover what it means to create a liberated life. Throughout The Power of Now, there are specific practices and clear keys that show us how to discover for ourselves the "grace, ease and lightness" that come when we simply quiet our thoughts and see the world before us in the present moment. Practicing the Power of Now is a carefully arranged series of excerpts from The Power of Now that directly give us those exercises and keys. Read this book slowly, or even just open it at random, reflect on the words, reflect even on the space between the words and maybe over time, maybe immediately you'll discover something of life-changing significance. You'll find the power, the ability to change and elevate not only your life, but your world as well. Printed Pages: 142.



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